

# October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Deb's Fitness 10-11 NP Meeting 7pm	3 Pilates 10.30-11.30 Zumba 7.30-8.30	4 Stay & Play 9-12 Youth Club 6.30-8.30	5 Deb's Fitness 11.30-12.30	6 Zumba 9-10
7	8 Inside Out 3.45-7.30pm	9 Deb's Fitness 10-11 MPC Meeting 7pm	10 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	11 Youth Club 6.30-8.30	12 Deb's Fitness 10-11 Rachel Illsley party 5-9pm	13 Zumba 9-10
14	15	16 Deb's Fitness 10-11	17 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	18 Stay & Play 9-12 Youth Club 6.30-8.30	19 Deb's Fitness 10-11	20 Zumba 9-10
21 Inside Out 9.45-1.30pm	22 Inside Out 3.45-7.30pm	23 LPC Meeting 7pm	24 Zumba 9.30-10.30 Zumba 7.30-8.30	25	26	27 Zumba 9-10 Nicola White Party 6-11pm
28 Inside Out 9.45-1.30pm	29	30 Deb's Fitness 10-11	31 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30			

