

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Stay & Play 9-12 Youth Club 6.30-8.30	2 Deb's Fitness 10-11	3 Zumba 9-10 Jessica Draycock 11-3pm
4 Inside Out 9.45-1.30pm	5 Zumba 2-4pm	6 Deb's Fitness 10-11 NP Meeting 7pm	7 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	8 Youth Club 6.30-8.30	9 Deb's Fitness 10-11	10 Zumba 9-11 Lauren Froud 12-3pm Party
11 Inside Out 9.45-1.30pm	12 Zumba 2-4pm	13 Deb's Fitness 10-11 MPC Meeting 7pm (Netball court 7.30)	14 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	15 Stay & Play 9-12 Youth Club 6.30-8.30	16 Deb's Fitness 10-11	17 Zumba 9-10
18 Inside Out 9.45-1.30pm	19	20 Deb's Fitness 10-11	21 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	22 Youth Club 6.30-8.30	23 Deb's Fitness 10-11	24 Zumba 9-10
25 Inside Out 9.45-1.30pm	26	27 Deb's Fitness 10-11 LPC Meeting 7pm	28 Zumba 9.30-10.30 Pilates 10.30-11.30 Zumba 7.30-8.30	29 Youth Club 6.30-8.30	30 Deb's Fitness 10-11	

